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Each person is surrounded by a huge number of things. We are interested in things that are firmly embedded in our lives and without which we can hardly imagine our existence. We use them every day. Now I will consider what 5 things I need more and without which it is difficult to imagine my existence.

Undoubtedly, there are a huge number of things that a person can not do without in everyday life. At this point, I will review 5 necessary things for me. Number 1 is a daily meal and drinking water, which is a natural human need. Without this process, people cannot fully live and develop. Water is a vital element for us. Being left without water or food has serious consequences that can ultimately make life difficult for us. Water and food provide our body with energy replenishment. There are a lot of symptoms, such as lethargy, headaches, heat stroke, joint restrictions, sudden changes in blood pressure, and much more. In extreme cases, a person may even go into shock. Number 2 is money, it is a means to achieve goals, but not the goal itself. In fact, money is a commodity that everyone needs. At the same time, most people want to have it in as large quantities as possible. And for some people, the importance of money is so high that they are ready to ruin their health for it and risk their lives. We need money in order to be able to realize ourselves and do what we love, as well as to create comfortable living conditions. money helps to create these comfortable conditions. Number 3 - mobile phone and Internet. Today, the role of a mobile phone in a person's life is difficult to overestimate. With the help of a phone and connected Internet, we can quickly contact our relatives and friends, work colleagues to find out the information we are interested in. You can also store a lot of other information in your phone. And all sorts of useful programs, functions, and options that modern cell phones are equipped with make the device multifunctional. The Internet is necessary for communication with family, friends, acquaintances, for work, for watching movies and programs, for studying, for entertainment and leisure. Number 4 is shampoo. I believe that beautiful hair is almost half of a woman's beauty. Cleansing is the first and most important step in hair care, and shampoo is the best tool for this. Shampoo — a tool that helps to remove from the hair particles of sebum, dust, sweat, remnants of styling products that accumulate at the roots of the hair and along the entire length. Number 5 is music. Music is the most powerful form of art. All people need music for happiness and beauty. The power of music is that it can make anyone happy. Music therapy is a reality.

So in this essay, I described 5 things that are important to me, without which it would be difficult to imagine my life. I think in our society, all people use these things, because it has become not just our hobby, but the meaning of our life.